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#### BREAKFAST Available All Day

Two scrambled eggs, bacon and American cheese drizzled with

maple syrup between griddled liege waffles

\$5.95	Avocado Toast	\$8.95
	Avocado, tomato, feta, salt & pepper on toast	ted multigrain
	Traditional Toast	\$5.95
\$5.45	Cinnamon and sugar or peanut butter and ho	oney
on breakfast burritos)	Toasted Everything Bagel	\$5.95
	Biscuits and Gravy \$6.95 / \$9.95 Biscuits split, griddled and covered with our house-made	
\$8.95	sausage gravy	
bacon OR avocado OR	Griddled Biscuits  Biscuits split, griddled and served with apple	•
	\$5.95 s, pepper jack additions or deletions  \$5.45 statoes on breakfast burritos)  \$5.95 bes and spicy chorizo on breakfast burritos)  \$8.95 and dijonnaise on bacon OR avocado OR or croissant +\$1.50)	Avocado, tomato, feta, salt & pepper on toast additions or deletions  Traditional Toast

### Need catering for your next business meeting or event?

Breakfast, boxed lunches and more for groups of 10 to 1,000. Check out the catering menu on our website and even order catering online at www.spokeskc.com.

### COFFEE BAR

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COFFEE			
Brewed	\$2.65	\$2.95	\$3.25
Cold Brew	\$4.25	\$4.75	\$5.25
ESPRESSO			
Cortado		\$3.95	
Americano	\$4.25	\$4.25	\$4.25
Latte or Cappuccino	\$4.75	\$5.45	\$5.95
Mocha or White Mocha	\$5.75	\$6.25	\$6.75
Chai Tea Latte	\$4.75	\$5.45	\$5.95
Matcha Latte	\$4.75	\$5.45	\$5.95
Additional Flavor	+.90¢		
Sub Oat/Almond/Soy	+.90¢		
Blended	+\$2.00		
Extra Double Shot	+\$2.00		
BLENDED DRINKS			
Fruit Smoothie (Mango or Strawberry)	\$6.25	\$6.75	\$7.25
Monster Energy Smoothie	\$6.75	\$ <i>7</i> .25	\$7.75
Peanut Butter Protein Smoothie	\$6.75	\$ <i>7</i> .25	\$7.75
OTHER DRINKS			
Freshly Brewed Iced Tea	\$2.95	\$3.25	\$3.50
Lemonade	\$2.95	\$3.25	\$3.50
Arnold Palmer	\$2.95	\$3.25	\$3.50
Hot Chocolate	\$3.95	\$4.25	\$4.50

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# LUNCH

### **MELTS**

SPOKES Grilled Cheese \$10.95 Sharp cheddar, pepper jack, mozzarella and parmesan spread on grilled farm-to-market sourdough (Add bacon or ham +\$3.00)	
Caprese Grilled Cheese \$10.95  Mozzarella, basil pesto, balsamic glaze and tomato on pressed ciabatta (Add chicken \$3.00)	
Southwest Chicken Melt \$11.95  Grilled chicken breast, pepper jack, avocado, lettuce, tomato and chipotle aioli on grilled multigrain	
Meatloaf Melt \$11.95  House-made meatloaf, sharp cheddar, spicy ketchup and crispy onion strings on grilled wheatberry	
Tuna Melt	
Grilled PB&J \$7.95  Peanut butter and jelly between two pieces of grilled wheatberry	
Kid's Grilled Cheese \$7.95 Good ol' American cheese slices between two pieces of grilled wheatberry	

All melts, sandwiches and wraps come with your choice of kettle chips or house-made pasta salad

### CLASSIC SANDWICHES

CIOD CAITA WICH	\$10.9
Ham, turkey, bacon, sharp cheddar, lettuce, tor toasted wheatberry	nato and mayo on
Creamy Turkey Sandwich	\$9.9
Turkey breast, veggie cream cheese, sharp chec on toasted wheatberry	ddar, lettuce and tomato
Chicken Salad Sandwich	\$9.9
House-made signature chicken salad, lettuce an toasted croissant	nd tomato on a
BLT	\$11.9
Thick cut bacon, lettuce, tomato, mayo and sha farm-to-market sourdough	rp cheddar on grilled
Pick Two Combo	\$10.9
Half Classic Sandwich; whole Kid's Grilled Chee	se; Grilled PB&J Cup of



## SALADS/WRAPS

Can be ordered as a wrap or a salad. Dressing for salad is always served on the side. Extra 4oz of dressing +75c

always served on the side. Extra 402 of dressing +750	
BBQ Ranch Chicken \$9.93 Grilled chicken, sharp cheddar, romaine, tomato, Sweet Baby Ray's BBQ sauce and house-made ranch dressing	
Buffalo Ranch Chicken \$10.93 Grilled chicken, romaine, shredded carrots, chopped celery, crumbled blue cheese, candied pecans, Buffalo sauce and house-made ranch dressing	5
Chicken Caesar\$10.93 Grilled chicken, romaine, tomato, shaved parmesan, croutons and creamy Caesar dressing	5
Cobb \$11.93 Grilled chicken, romaine, tomato, hard-boiled egg, avocado, bacon crumbles, red onion, sharp cheddar and house-made ranch	5
Turkey Chipotle \$11.93 Sliced turkey, pepper jack, avocado, bacon crumbles, lettuce, tomato and chipotle ranch dressing	5
Creamy Club \$10.93  Turkey, ham, bacon, sharp cheddar, lettuce, tomato, veggie cream cheese and house-made ranch	5
Thai Peanut Chicken \$10.93 Grilled chicken, romaine, peanuts, roasted red peppers, cucumber, red onion, shredded carrots and a spicy Thai peanut dressing	5
Greek Veggie	5
Strawberry Mandarin \$10.93 Romaine, red onion, candied pecans, feta cheese, sliced strawberries, mandarin oranges and balsamic vinaigrette (Add chicken +\$3.0	

Spinach, hummus, shredded carrots, cucumbers, sunflower seeds, sharp

\$9.95

Veggie Delight...

cheddar, olive oil and lemon juice